

Caregiving support services

Personalized support to help with caring for a loved one or yourself

At Guardian, we understand that many employees also juggle caregiving responsibilities outside of work. That's why we've partnered with Wellthy to help provide caregiving support services as part of the disability benefit provided by your employer. Tailored to your needs, you'll have access to the support you need to help tackle any caregiving challenge you might face, while also being able to stay on top of your own physical, mental, and emotional wellness.

How caregiving support can help

Wellthy is for anyone who finds themselves managing care for a loved one (or themselves), in any capacity, big or small.

- For aging parents or relatives: Help with coordinating to-dos for daily needs like filling prescriptions and arranging transportation, moving a loved one into a assisted living facility and end-of-life preparations.
- For children and teens: Get support for things like vetting babysitters, evaluating nanny agencies, identifying counselors, and exploring alternative learning solutions like learning pods and tutors.
- For you or someone you love: Wellthy will design a care plan
 for situations including a new diagnosis, an ongoing health
 condition, a surgery, a sudden accident, routine care needs,
 and more.

Features of your caregiving support services benefit

Access to self-service tools, resources, and dedicated support to help manage your caregiving responsibilities in a way that works for you and your family.



Care coordination

Dedicated, hands-on support from specialists who get to know each family and help tackle their to-dos



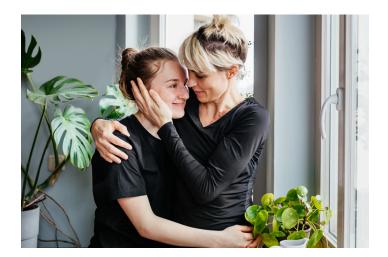
Care planning

Comprehensive care planning tools and resources in one centralized, accessible place



Wellthy community

Peer-to-peer space where family caregivers can find support and exchange knowledge



"Their guidance not only drastically changed the outcome for my father, but it allowed me to make informed decisions that were in my family's best interest."

- Wellthy Program Participant



How to access

- Visit guardianwell.com
- First-time users will need to register.

Caregiving support services can help you and your family

No matter what stage of life you're in, Wellthy can help you and your loved ones navigate care needs, tasks, discussions, and responsibilities. This means parents, children, spouses, in-laws, siblings, neighbors, or anyone whose care needs are impacting your day-to-day life.



Aging

Families with aging members dealing with all kinds of life changes



Mental health

Assistance with finding a provider, programs, and/or alternative therapy options



Financial support

Assistance with managing bills, insurance, benefits, and other programs



Veteran support

Helping our heroes and their families get the care they deserve



Health conditions

Handling a tough diagnosis or chronic condition



Special needs

Advocacy and partnership for special needs family members



Childcare

Guiding parents though child care and learning options



Teen support

Support navigating the unique challenges teens face today

Learn more about the caregiving support services available to you and get started today.

The Guardian Life Insurance Company of America guardianlife.com

New York, NY 7074207.3 (10/26) $Individual\ outcomes\ may\ vary\ due\ to\ the\ unique\ aspects\ of\ each\ caregiving\ scenario.$

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