

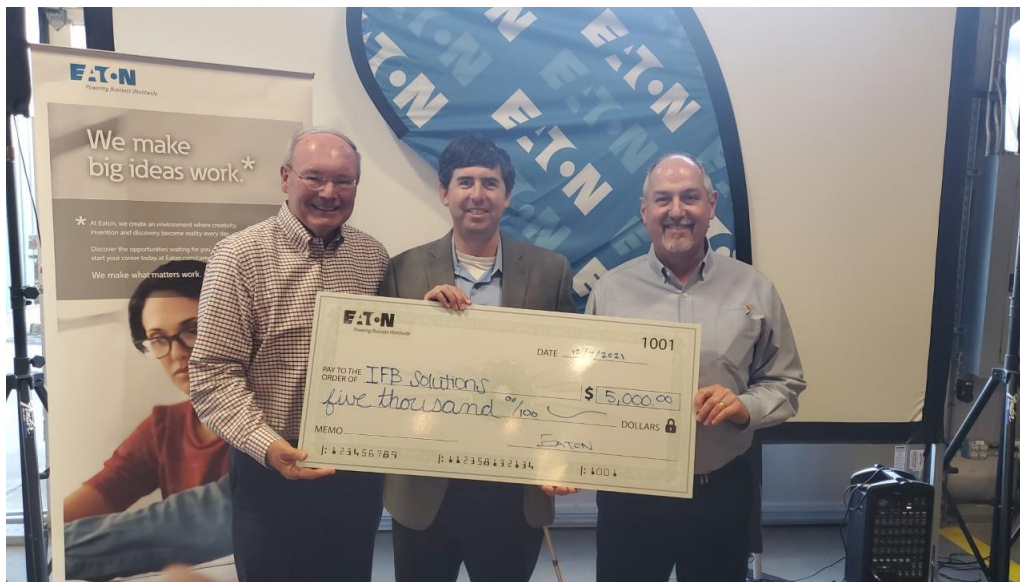
IFB Beat

January 10, 2022

News to Know

Exciting IFB News:

We received a \$5,000 grant from the Eaton Charitable Fund that will be used for general operating support and job training for North Carolinians who are blind or visually impaired. We are grateful for their contribution!



New Year, New Goals

Khoki, an employee at our Little Rock facility knows a thing or two about sticking to her goals. Check out her story [here](#).



Stay in the know at IFB!

- **A text message link is sent out every Sunday for the IFB Beat. Please make sure your cell phone number is up to date with HR, so you want to miss out on this opportunity.**
- **Listen to what is going on at IFB! Now you can call the Employee Information Line to find out what you need to know! The phone-line is updated in English and Spanish every Monday for your convenience. English line/336-245-5691, Spanish line/336-245-5663**
- **The IFB Beat newsletter is also received via email. For all IFB employees that do not have an IFB Solutions email and would like to receive the newsletter please submit your email address to Faith Harding at fharding@ifbsolutions.org or Shonn Redmond at sredmond@ifbsolutions.org.**
- **Check out the Winston-Salem Employee Information Wall. You can find this wall of information in the employee entrance.**
- **We're even on the web! Go to ifbsolutions.org/ifb/beat and there you will find what you are seeking!**

So many ways to know what you need to know when you want to know it!

Winston-Salem Cafeteria Update

Communicating the Menu: We understand it is hard to hear the menu over the speakers. Almost everyone who took the cafeteria survey wanted an easy-to-read menu that is accessible. Starting this week, a phone-line will be provided for your convenience. Now you can call 336-759-0551, ext. 5709 to listen to the weekly menu. *Due to supply chain issues, the menu could change at the last minute, but we will do our best to stick to the script!

COVID-19 Education

Reminder: IFB Solutions employees must be fully vaccinated by Friday, February 4th. The CDC says, *“vaccines remain the best public health measure to protect people from COVID-19, slow transmission, and reduce the likelihood of new variants emerging.”* While we continue to gather information about federal requirements, we ask that you continue to wash your hands, social distance where you can and wear your mask. [READ MORE](#) about the Omicron variant of COVID-19.

Programs and Services

Attention Winston-Salem Employees:

Would you like to learn Braille or brush up on your Braille skills? Come to a meeting in Tad’s room on Tuesday, January 25, 2022, at 5:00 PM for more information. Be ready to share what you want to learn or practice in Braille class. Call Kim Flanagan with any questions at 336-245-5669

Adult Support Group Meetings:

- Monday, January 10 AAA Committee meeting from 12:00-1:00 in TADS Room.
- Tuesday, January 11 Transportation support group meeting from 12:00-12:45 in TADS Room.
- Saturday, January 15 NFB meeting from 3:00-4:00 via Zoom.

Community Low Vision Center

To learn more about the Community Low Vision Center visit our [website](#) or follow us on [Facebook](#)

CLVC Item of the Week:

Paring Knives with Covers - \$15.95 - This 4 - set of brightly colored stainless steel paring knives each come with a snap on plastic cover for safety. The bright colors help people with low vision identify the knives in a drawer.

January item of the month:

Jumbo and Giant Print 2022 Calendar - \$7.95 and up.

If you are interested in purchasing Low Vision Equipment through our Loan Program (3rd Party), please contact a Low Vision Coordinator for assistance.

Opportunities

We are HeRe for you!

Happy New Year Everyone! Now is the perfect time to envision what you want your 2022 to look like! It is a new year, a fresh start to pursue anything that you choose! Whether you want to work towards becoming employee of the month, learning new skills for your job, reaching financial security, focus on mental health, joining a new support group, taking up a new hobby, or all of the above! The sky's the limit! Let us know how we can partner with you to assist you with achieving those goals of 2022! Please see Haleigh Yarboro, our Certified HR Transition Representative for more information.

Community Connections

Listen to the ACB Media Network

The January 2022 Braille Forum is now airing on ACB Media 10 every two hours on the even numbered hours, Eastern time. Spread the word to friends and family!

Watch here: <https://www.acbmedia.org/media10/>

Do you have an Alexa? You can access the Braille Forum by simply saying "Alexa, ask ACB Media to play Media 10."

The January 2022 Braille Forum is also available via podcast:

<https://www.acbmedia.org/category/forum/>

Enjoy and Stay Tuned!

Join Zoom Meeting (Adult Support Groups)

<https://ifbsolutions.zoom.us/j/99498078576?pwd=ODJzK0sxcXZrME9yN25YRTdiNXBSQT09>

Meeting ID: 994 9807 8576

PASSWORD: 92638

One tap mobile

+13017158592,99498078576# US (Germantown)

13126266799,99498078576# US

+(Chicago)

Dial by your location.

877 853 5257 US Toll-free

888 475 4499 US Toll-free

Meeting ID: 994 9807 8576