

Weekly Corporate Newsletter | Nov.22nd, 2021



News to Know



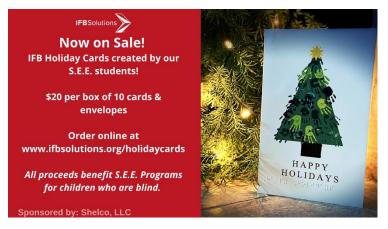
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S.E.E. Program Receives Donation

Thank you to Kris Miller and the ladies of Bishop Greco #9499 Columbiettes for donating to our S.E.E. Program for children who are blind. Your support is changing lives!

Get Your IFB Holiday Cards Today!



You can also take advantage of the Staff
Campaign registration in Winston-Salem on
Tuesday, November 30. Anyone who donates
\$20 or more will receive a tote with IFB's logo
on it.

Children who are blind or visually impaired in IFB Solutions' S.E.E.

Program have made unique cards for the holidays! Buy 10 cards and envelopes for \$20 here!

On-site Christmas Card sales

Winston-Salem (Cafeteria):

November 30th from 11:30 AM-1:30 PM

Little-Rock: TBA

Happy Thanksgiving IFB



IFB Solutions will provide a traditional Thanksgiving lunch at all locations during your scheduled lunch breaks.

Asheville: Tuesday, November 23/ catered by Cracker Barrel.

Winston-Salem: Tuesday, November 23/ catered by Plain and Fancy catering.

Little Rock: Wednesday, November 24/ catered by Plain and Fancy catering.

Enjoy lunch and thanks for all you do!

Why I Give

Dr. Kerry Collins shares what it is like to be a part of the Winston-Salem medical team. Read more here.

COVID-19 Education: Mandate

Important Dates:

IFB Religious and Medical Accommodation forms are due by Dec 1st. You must have your full COVID-19 vaccine regimen by January 4th. **CLICK HERE** if you want to learn more about booster shots. Questions about the mandate? Email staysafe@ifbsolutions.org

Programs and Services



See What S.E.E. is Doing!

S.E.E. students in Winston-Salem are ready for Thanksgiving! They made turkeys with a fudge stripe cookie tail, Rolo candy body, Tootsie Roll neck, and candy corn for the head and beak.

What a yummy treat!

If you would like to receive the IFB Beat via email please contact Faith Harding at fharding@ifbsolutions.org or Shonn Redmond at sredmond@ifbsolutions.org to be added to the list. Or listen to the IFB Beat by calling our English-line 336-245-5691; Spanish-line, 336-245-5663.

Adult Support Group Meetings:

- Monday, November 22 Guide Dog support group meeting from 12:00-12:45 in TADS Room.
- Tuesday, November 23 Glaucoma support group meeting from 12:00-12:45 in TADS Room.

*Zoom link at end of newsletter

Community Low Vision Centers

CLVC Item of the Week



Talking Toaster Oven/\$389.00, Extra S/H: \$15.00

This modified Black and Decker countertop talking toaster oven is ideal for people who are blind or have low vision to cook food independently. Its high-quality male voice is clear and intelligible.

To learn more about the Community Low Vision Center visit our <u>website</u> or follow us on <u>Facebook</u>.

Community Connections

Lunch and Learn: Basics of Medicare (Winston-Salem)

Please join us for a brief Lunch and Learn webinar on the basics of Medicare, how it works, what it covers (and doesn't) and a high-level overview of some of the supplemental options available. Jen Flores from GIS Healthcare will be presenting and can answer questions you may have.

Winston Salem Staff – Please notify your supervisor by Wednesday, November 24, 2021, of which date and time you would like to attend.

Seats are limited of only 8 employees per each 3 sessions.

Location: TADS Room

Dates

- 1. Tuesday November 30, 2021/11:30am
- 2. Wednesday, December 1, 2021/12:00pm
- 3. Thursday, December 2, 2021/12:30pm

Other employees can participate as well by using the link below. Please feel free to pass along the link to family and friends who may be Medicare eligible. Join session here.

Opportunities

We are HeRe for you

The Holidays are in sight and although it is an exciting time, the holidays can also bring on some added stress. It has been found that around a quarter of Americans say that they feel extreme stress around the holidays. According to research some of the leading stressors are lack of time, finances, diet, family gatherings or lack thereof (Greenberg & Berktold, 2006). Do know that you are not alone. There are multiple resources available to help alleviate the things that may cause you stress. HR is here for you! Please see Haleigh Yarboro, our Certified HR Transition Representative if you would like some information on the different community resources that are available.

Greenberg, A., and Berktold, J. (2006). Holiday stress. Greenberg Quinlan Rosner Research. https://www.apa.org/news/press/releases/2006/12/holiday-stress.pdf

Job Announcements

Teacher Assistant in Charlotte

Required Education and work experience:
High School Diploma or GED Equivalent
2 years' experience working with disabled individuals preferred

External candidates may apply here.
Internal candidates may apply here.

For more information, please contact Brent Burkholder at X5611.

Adult Support Group: Join Zoom Meeting

https://ifbsolutions.zoom.us/j/99498078576?pwd=ODJzK0sxcXZrME9yN25YRTdiNXBSQT09

Meeting ID: 994 9807 8576

PASSWORD: 92638

One tap mobile

+13017158592,99498078576# US (Germantown) 13126266799,99498078576# US

Dial by your location.

877 853 5257 US Toll-free

888 475 4499 US Toll-free

Meeting ID: 994 9807 8576