

IFB Beat

November 22, 2021 Edition

News to Know

Get your Holiday Cards!



Kids who are blind or visually impaired in IFB Solutions' S.E.E. Program have made unique cards for the holidays! Buy 10 cards and envelopes for \$20 at <https://ifbsolutions.org/holidaycards/>

Tuesday, November 30 from 11:30am/1:30pm in the Winston-Salem facility cafeteria. Other onsite sales will be announced later. The front of the cards show a Christmas tree made from the kids' handprints. Happy Holidays is written in braille. Proceeds benefits S.E.E. You can also take advantage of the Staff Campaign registration in Winston-Salem on Tuesday, November 30 in the cafeteria from 11:30-1:30. Anyone who donates \$20 or more will receive a tote with IFB's logo on it.

Happy Thanksgiving!

IFB Solutions will be providing a traditional Thanksgiving lunch at all locations during your scheduled lunch breaks.

Asheville: Tuesday, November 23/ catered by Cracker Barrel.

Winston-Salem: Tuesday, November 23/catered by Plain and fancy catering.

Little Rock: Wednesday, November 24/catered by Plain and fancy catering. Enjoy lunch and thanks for all you do!

Why I Give

Dr. Kerry Collins shares what it is like to be a part of the Winston-Salem medical team. Read more [here](#).

COVID-19 Education

Vaccine Mandate: Important Dates

IFB Religious and Medical Accommodation forms are due by Dec 1st.

You must have your full COVID-19 vaccine regimen by January 4th.

[CLICK HERE](#) if you want to learn more about booster shots.

Questions about the mandate? Email staysafe@ifbsolutions.org

Programs and Services

See what S.E.E. is Doing!



S.E.E. students in #WinstonSalem are ready for #Thanksgiving! They made turkeys with fudge stripe cookie for the tail, Rolo candy body, Tootsie Roll neck, and candy corn for the head and beak. What a yummy treat!



Thank you to Kris Miller and the ladies of Bishop Greco #9499 Columbiettes for donating to our S.E.E. Program for children who are blind. Your support is changing lives!

Adult Support Group Meetings:

- Monday, November 22 Guide Dog support group meeting from 12:00-12:45 in TADS Room.
- Tuesday, November 23 Glaucoma support group meeting from 12:00-12:45 in TADS Room.

Community Low Vision Center

To learn more about the Community Low Vision Center visit our [website](#) or follow us on [Facebook](#)

CLVC Item of the Week:

Talking Toaster Oven/\$389.00, Extra S/H: \$15.00

This modified Black and Decker countertop talking toaster oven is ideal for people who are blind or have low vision to cook food independently. Its high-quality male voice is clear and intelligible.

Specs:

- 4 cook modes: Bake, Broil, Toast, and Warm
- Convection and regular bake mode
- 8 volume level settings
- Timed cooking only: 5 minutes to 4 hours
- Integrated talking cooking timer
- Embossed keys make them easy to locate by touch
- 1-year warranty parts and labor

November Item of the Month:

Talking Microwave/\$365

If you are interested in purchasing Low Vision Equipment through our Loan Program (3rd Party), please contact a Low Vision Coordinator for assistance.

Opportunities

We are HeRe for you

The Holidays are in sight and although it is an exciting time, the holidays can also bring on some added stress. It has been found that

around a quarter of Americans say that they feel extreme stress around the holidays. According to research some of the leading stressors are lack of time, finances, diet, family gatherings or lack thereof (Greenberg & Berktold, 2006). Do know that you are not alone. There are multiple resources available to help alleviate the things that may cause you stress. HR is here for you! Please see Haleigh Yarboro, our Certified HR Transition Representative if you would like some information on the different community resources that are available.

Greenberg, A., and Berktold, J. (2006). Holiday stress. Greenberg Quinlan Rosner Research.

<https://www.apa.org/news/press/releases/2006/12/holiday-stress.pdf>

Job Announcements

Teacher Assistant in Charlotte

Required Education and work experience:

- High School Diploma or GED Equivalent
- 2 years' experience working with disabled individuals preferred

External candidates may apply at

<https://www.paycomonline.net/v4/ats/web.php/jobs/ViewJobDetails?job=31910&clientkey=8B43E6E34C5D5C9AA3D07BB04DBEB909&jpt=ce8685cef740a6280b5fcb492b556fa5>

Internal candidates may apply at

<https://www.paycomonline.net/v4/ats/web.php/jobs/ViewJobDetails?job=31911&clientkey=8B43E6E34C5D5C9AA3D07BB04DBEB909&jpt=ce8685cef740a6280b5fcb492b556fa5>

For more information, please contact Brent Burkholder at X5611.

Community Connections

Winston-Salem Employees

Please join us for a brief lunch and Learn webinar on the basics of Medicare, how it works, what it covers (and doesn't) and a high-level

overview of some of the supplemental options available. Jen Flores from GIS Healthcare will be presenting and can answer questions you may have.

Winston Salem Staff – Please notify your supervisor by Wednesday, November 24, 2021, of which date and time you would like to attend.

Seats are limited of only 8 employees per each 3 sessions

Location: TADS Room

Dates

- 1. Tuesday November 30, 2021/11:30am**
- 2. Wednesday, December 1, 2021/12:00pm**
- 3. Thursday, December 2, 2021/12:30pm**

Other employees can participate as well by using the link below. Please feel free to pass along the link to family and friends who may be Medicare eligible.

Join session here:

<https://attendee.gotowebinar.com/rt/4474447595185984012>

Join Zoom Meeting (Adult Support Group)

<https://ifbsolutions.zoom.us/j/99498078576?pwd=ODJzK0sxcXZrME9yN25YRTdiNXBSQT09>

Meeting ID: 994 9807 8576

PASSWORD: 92638

One tap mobile

+13017158592,99498078576# US (Germantown)

13126266799,99498078576# US

Dial by your location.

877 853 5257 US Toll-free

888 475 4499 US Toll-free

Meeting ID: 994 9807 8576